



Interpersonal Skills

Activity 3: My Personality Profile

Senior Unit 1
Personal Development Skills
Name: _____

Using the link below: -

<https://www.16personalities.com/free-personality-test>

Complete the test and click on the 'Results' button to access the results.

Q1 What letters represent the acronym for your personality type? _____

Q2 What title is given to your personality type? _____

Q3 Complete the table below with your percentage results for each type. Highlight or colour-in the bar graph to indicate the percentages of opposing types. An example is given.

%age	Type	Percentages Bar Graph	Type	%age
35	Extroverted		Introverted	65
	Extroverted		Introverted	
	Intuitive		Observant	
	Thinking		Feeling	
	Judging		Prospecting	
	Assertive		Turbulent	

Q4 Read through the introduction and in your own words, describe your personality type.

Q5 List FIVE famous people with the same personality type as you.

i. _____

ii. _____

iii. _____

iv. _____

v. _____

Q6 List and briefly describe in your own words, the strengths of your personality type.

Q7 List and briefly describe in your own words, the weaknesses of your personality type.

Q8 In your own words, briefly describe the career path options for your personality type.

Q9 Describe in your own words, the general workplace of people with your personality type.

Q10 In the workplace, how do people with your personality type relate to subordinates?

Q11 In the workplace, how do people with your personality type relate to colleagues?

Q12 In the workplace, how do people with your personality type relate to managers?

Q13 Identify TWO positives you gain from the results and analysis of this test.

Q14 Identify TWO negatives from the results and analysis of this test.
